



<b>Policy:</b>	PSHE Policy
<b>Owner:</b>	
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<b>Signed:</b>	
<b>Notes:</b>	Link to Governing Body Vision, Strategy Statement, School Mission Statement, SRE Policy

There is a non-statutory framework for Personal, Social and Health Education (PSHE) for Key Stages 1 and 2 which:

- promotes the spiritual, moral, cultural, mental and physical development of all children
- prepares children at the school for the opportunities, responsibilities and experiences of adult life

### **Aims and Objectives**

PSHE enables children to become healthy, confident, independent and responsible members of society. We encourage our children to play a positive role in contributing to the life of the school and the wider community; in so doing we help to develop their sense of self-worth. We teach them how society is organised and governed and about rights and responsibilities. They learn to appreciate what it means to be a positive member of a diverse multicultural society. PSHE helps children to acquire the skills, knowledge and understanding, attitudes and values, which are necessary to make sense of their life experiences and to feel confident and informed. We aim to prepare our children for their future by supporting them to:

- develop spiritually, morally, socially and culturally
- know and understand what constitutes a healthy lifestyle
- be aware of safety issues, including the dangers of drugs and alcohol
- understand what makes for good relationships with others
- understand and manage their emotions
- value themselves and respect others
- acknowledge and appreciate difference and diversity
- be independent and responsible members of the school and the local community
- be positive and active members of a democratic society
- develop self-confidence and self-esteem, and make informed choices regarding personal and social issues
- safeguard the environment
- develop good relationships with other members of the school and the wider community.

PSHE programs used include the PSHE Association Programme of Study and SEAL

The PSHE programme will:

- develop confidence and responsibility and making the most of children's' abilities
- prepare to play an active role as citizens
- develop a healthier, safer lifestyle
- develop good relationships and respect differences between people.



## **Teaching and Learning Style**

At St Peter's a range of teaching and learning styles are adopted. We place great emphasis on active learning by including the children in discussions, investigations and problem-solving activities.

We encourage the children to take part in a range of practical activities that promote active citizenship e.g. charity fundraising (e.g. Red Nose Day) the planning of special events such as a special assembly or involvement in an activity to help other individuals or groups less fortunate than themselves (choir singing to elderly).

Class discussion is used to resolve conflicts and class rules are set and agreed by the children. We have St Peter's School Council which is made up of two children from each year. School Council meet regularly with the PSHE Co-Ordinator to discuss the views of the children in their class and how they can be involved in events in and around school and in the local community.

We offer our children the opportunity to hear visiting speakers, such as police, fire brigade and the parish priest (Jonathan Hall), whom we invite into school to talk about the church's role in creating a positive and supportive local community.

## **PSHE Curriculum Planning**

PSHE is taught each week in class and through our Christian values (Hope, Respect, Faith, Love, Forgiveness and Perseverance) and Collective Worship.

The PSHE Association programme of study covers Key Stages 1 & 2 and is based on three core themes within which there is broad overlap and flexibility:

- Core theme 1. Health and Wellbeing
- Core theme 2. Relationships
- Core theme 3. Living in the Wider World

Some of the time we introduce PSHE through other subjects or as part of the creative curriculum. We also develop PSHE through wall displays and whole-school events.

## **Early Years Foundation Stage**

PSHE within Early Years is taught through a holistic approach to teaching although certain aspects are monitored through the Prime Area of Personal, Social and Emotional Development and Physical Development.

Aspects taught in Year R include;

- Making relationships
- Self-confidence and self-awareness
- Managing feelings and behaviour
- Moving and handling
- Health and self-care

Programmes such as SEAL are used to support children's understanding around respecting others and resolving conflict. PSHE underpins smooth transition into school life and gives new children a sense of belonging.



## **Inclusion**

We teach PSHE to all children, regardless of their ability. Our teachers provide learning opportunities matched to the individual needs of children with learning difficulties. Sensitivity will be applied in respect of children's individual needs.

## **Assessment and Recording**

Teachers assess work in PSHE by making informal judgments as they observe them during lessons and through discussion. At present there is no formal assessment.

## **Monitoring and Review**

The PSHE subject leader is responsible for monitoring the standards of children's work and the quality of teaching. Children's work is shared between the Class Teacher and subject leader each term where two examples of work are provided. Class Teachers are observed annually by subject lead. The subject leader will support colleagues in the teaching of PSHE, by giving them information about current developments in the subject and by providing a strategic lead and direction for the subject in school.